

2024/25 Schedule - September

Monday Evening

Time	Studio 1	AGE	Time	Studio 2	AGE	Time	Studio 3	AGE
4:00-4:45	Acro Foundations 1	5 to 8 yr				3:45-4:15	Pro Choreo	Advanced
4:45-6:15	Acro Foundations 2	9 to 12 yr	4:45-5:30	Tap Foundations 1	11+	4:15-4:45	First Steps Hip Hop	3-5 yrs
			5:30-6:15	Junior Competitive Tap	Competitive	4:45-5:30	Primary Hip Hop	5-7 yrs
6:15-7:45	Acro Foundations 4	12 to 17 yr	6:15-7:00	Tap Foundations 2	13+	5:30-6:15	Jazz Foundations 4	5-7 yrs
7:45-8:30	Comp AcroDance	Competitive	7:00-7:45	Adult Tap	Adult	6:15-7:00	Novice Tap	7-10 yrs
			7:45-8:30	Adult Belly Dance	Adult	7:00-7:45	Novice Hip Hop	7-10 yrs
8:30-9:15	Adult Competitive Jazz	Adult EXP						

Tuesday Evening

TIME	Studio 1	AGE	TIME	Studio 2	AGE	TIME	Studio 3	AGE
4:00-4:45	Jump Rope: SKIP / JUMP	9+ yrs						
4:45-5:30	Jump Rope: HOP/ SKIP / JUMP	5-8 yrs	4:30-5:00	First Steps Jazz	3-6 yrs			
			5:00-5:30	First Steps Tap	3-6 yrs			
5:30-6:15	Jump Rope: JUMP	Competitive	5:30-6:15	Jazz Foundations 3	13+	5:30-6:15	Modern Foundations 1	7-12 yrs
6:15-7:00	Novice Ballet	7-9 yrs	6:15-7:00	Lyrical Foundations 1	10-15 yrs	6:15-7:00	Modern Foundations 2	13-18 yrs
7:00-7:45	Musical Theatre 1	7-11 yrs	7:00-7:45	Jazz Foundations 2	11+	7:00-7:45	Modern Competitive 2	Competitive
7:45-8:30	Musical Theatre 2	12+				7:45-8:30	Flow Motion	Adult

Wednesday Daytime

TIME	Class	AGE						
9:45-10:30	First Steps Ballet	3-6 yrs						
10:30-11:00	Dance Duet	2-4 yrs						
11:15-12:00	Adult Tap ~ Burgundy Ladies	Adult 40+						

Wednesday Evening

TIME	Class	AGE	TIME	Class	AGE	TIME	Class	AGE
4:00-4:45	Pre-Pointe	11+	4:00-4:30	Pro Choreo	Advanced			
4:45-5:30	Ballet Foundations 2	12-14 yrs	4:45-5:30	Senior Jazz	Competitive			
5:30-6:15	Ballet Foundations 3	13-16 yrs				5:30-6:15	Novice Jazz	7-9 yrs
6:15-7:00	Intermediate Jazz	Competitive	6:15-7:00	Senior Lyrical	Competitive	6:15-7:00	AcroDance Performance	Acro
7:00-7:45	Pointe	Competitive	7:00-7:45	Intermediate Lyrical	Competitive	7:00-8:30	Acro Foundations 3	11-14 yrs
7:45-8:30	Ballet Foundations 4	16+						
8:30-9:15	Ballet Foundations 4	16+						

Thursday Evening

TIME	Class	AGE	TIME	Class	AGE	TIME	Class	AGE
4:00-4:45	Hip Hop Foundations 1	8-11 yrs	4:00-4:45	Tap Foundations 3	12+	4:00-4:30	Level Up - Alixa Flexibility	10-18 yrs
			4:45-5:30	Intermediate Tap	Competitive	4:30-5:00	Just Me Creative Dance	2-4 yrs
5:30-6:15	Hip Hop Foundations 2	12-15 yrs	5:30-6:15	Tap Foundations 4	16+	5:00-5:30	First Steps Ballet	3-5 yrs
6:15-7:00	Intermediate Competitive Hip Hop	Competitive	6:15-7:00	Senior Tap	Competitive	5:30-6:15	Primary Ballet	5-7 yrs
7:00-7:45	Hip Hop Foundations 3	15-18 yrs	7:00-7:45	Adult Ballet	Adult	6:15-7:00	Junior Ballet	9-11 yrs
7:45-8:30	Senior Competitive Hip Hop	Competitive	7:45-8:30	Burlesque Bootcamp	Adult	7:00-7:45	Ballet Foundations 1	10-13 yrs
8:30-9:15	Adult Allstars Hip Hop	Adult Advanced				7:45-8:30	Intermediate Ballet	Competitive
						8:30-9:15	Senior Ballet	Competitive

Friday Evening

TIME	Class (KIT)		TIME	Class		TIME	Class	
			4:00-5:30	Connectivity Hype Team	Dance	4:00-4:30	First Steps Acro	3-5 yrs
4:45-5:30	Breaking Beginner	7+ yrs				4:30-5:00	First Steps Ballet	3-5 yrs
5:30-6:15	Breaking 2	12+	5:30-7:00	Musical Theatre Production	Theatre	5:00-5:30	Level Up - Conditioning	10-18 yrs
6:15-7:00	Breaking Battle	Competitive				5:30-6:15	Combo: Jazz&Ballet	6-9 yrs
7:00-7:45	Adult Hip Hop	Adult						

Saturday Daytime

TIME	Class							
9:00-9:45	Connectivity Skippers DEMO TEAM	Skip				9:00-9:45	Dance Duet	2-4 yrs
9:45-10:30	HOP	6+				9:45-10:30	Dance Rotation	4-7 yrs
9:00-11:15	Connectivity Skippers COMPETITIVE TEAM	Competitive						
12:00-3:00	CDL Company - Large Groups	Competitive						

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